



ROYAL MARE THALASSO CRETE – GREECE

PROGRAMME PACKAGES

MEDITERRANEAN

2 days	4 days	6 days	Extra day
230,00 €	450,00 €	670,00 €	112,00 €

WELLNESS or NEW ENERGY

2 days	4 days	6 days	Extra day
275,00 €	540,00 €	800,00 €	132,00 €

BODY SHAPE SILHOUETTE

4 days	6 days	Extra day
680,00 €	930,00 €	145,00 €

ELIXIR VERTEBRAL

4 days	6 days	Extra day
660,00 €	960,00 €	155,00 €

HARMONIA

4 days	6 days	Extra day
590,00 €	880,00 €	155,00 €

REMINERALISATION MARINE...HEALTH

4 days	6 days	Extra day
580,00 €	860,00 €	150,00 €

SLIMMING

4 days	6 days	Extra day
700,00 €	950,00 €	145,00 €

VEIN TONE VITALITY

4 days	6 days	Extra day
550,00 €	820,00 €	145,00 €

Sauna, Hammam & Fitness Area:

Free entrance for clients having a Thalasso program of 4 days & more.

ORIENTAL PROGRAMMES

	1 person	2 persons
'ORIENTAL' EXPERIENCE	265,00 €	520,00 €
'ORIENTAL' DAY	181,00 €	315,00 €

MINI PROGRAMMES

LADIES SPECIAL	260,00 €
MASCULINE ENERGY	290,00 €
ABSOLUTE SERENITY	270,00 €
ANTI-STRESS... REVIVE	195,00 €
THALASSO SPECIAL	95,00 €

ORIENTAL HAMMAM

ORIENTAL HAMMAM	1 person	90'	99,00 €
ORIENTAL HAMMAM	2 persons	120'	165,00 €

TREATMENTS À LA CARTE

MASSAGES

Physiotherapy	25'	58,00 €
Massage		
Relax / Toning / Back & Neck / Lymphatic drainage	25'	49,00 €
Relax / Toning	55'	88,00 €
Massage with organic essential oils	25'	49,00 €
Ayurvedic Massages :		
• Vishesh	55'	88,00 €
• Abhyanga	55'	88,00 €
• Radjamandari 4 hands	55'	165,00 €
Balinese Massage	55'	99,00 €
Shirogriva®	55'	99,00 €
Royal Balance	55'	105,00 €
Aromatherapy	55'	88,00 €
Reflexology (foot massage)	55'	88,00 €
The Original hot & cold LaStone Massage	55'	99,00 €
Thai	85'	130,00 €
Affusion massage with 2 hands	25'	53,00 €
Affusion massage with 4 hands	25'	90,00 €
Pressotherapy	25'	50,00 €
INNOVZEN – Inhalation relax	15'	30,00 €

THALASSO TREATMENTS

AquaRoyal®	30'	29,00 €
AquaStream	30'	30,00 €
AquaGym	30'	28,00 €
AquaBike	30'	35,00 €
AquaFit Experience	30'	40,00 €
Affusion Shower	20'	32,00 €

Affusion Watermass	25'	51,00 €
Hydro-jet Bath	20'	35,00 €
Aromatic Hydro-jet Bath	20'	39,00 €
Thalaxion Bath	20'	43,00 €
Underwater jet shower	20'	38,00 €
Jet Shower	15'	36,00 €
Guerande Marine Mud Body Wrap	30'	52,00 €
Seaweed Body Wrap	30'	51,00 €
Cryotherapy	30'	46,00 €
Inhalation	15'	28,00 €
Sea mud kneading (hands)	15'	28,00 €
Pediluve	15'	28,00 €

BEAUTY CENTRE

FACIAL TREATMENTS THALION

Beauty Hydration	25'	45,00 €
Beauty Relax	25'	46,00 €
Four Fingers "Face Lifting" Massage	25'	51,00 €
Anti-Jet Lag Illuminator Thali(Sens	55'	70,00 €
Acne Control	55'	86,00 €
Eye Lift Expert	25'	54,00 €
Absolute Hydration	55'	86,00 €
Beauty Essential	55'	90,00 €
Beauty Anti-Age	55'	97,00 €
Lift Absolut	55'	99,00 €
Lift 6® "Face Lift"	55'	85,00 €
Beauty Royal "LE MUST"	85'	115,00 €
Beauty Royal "LIFTING"	85'	115,00 €
Ocean Secrets	85'	135,00 €

MASCULINE BEAUTY THALION

Masculine Beauty Hydration	25'	45,00 €
Masculine Beauty Recovery	55'	86,00 €

BODY TREATMENTS THALION

Body Scrub	25'	45,00 €
Hydrating Body Massage	25'	51,00 €
Hydrating Body 'Special'	55'	88,00 €
Oriental Massage	55'	90,00 €
Odyssee Anti-Age	55'	90,00 €
Detoxifying Massage	25'	54,00 €
Firming Body Wrap	55'	90,00 €
Ritual Detox	55'	90,00 €
Body Firming 'Tri Actif'	55'	90,00 €
Cellu Contour – Anti cellulite	55'	90,00 €
Anti-Cellulite Massage	25'	51,00 €
Slimming Express – Perles	25'	50,00 €
Anti-Cellulite 'Special'	55'	88,00 €
Vacuodermie® Massage	25'	49,00 €
	40'	65,00 €

Endermology Cellu m-6 (local)	x 1	25'	59,00 €
	x 6	25'	322,00 €
Endermology Cellu m-6 Advanced (body)	x 1	40'	80,00 €
	x 6	40'	440,00 €
Nail Polish		15'	15,00 €
Manicure		25'	27,00 €
Manicure French		40'	36,00 €
Manicure Shellac		40'	40,00 €
Pedicure		55'	44,00 €
Pedicure Shellac		70'	50,00 €
Epilation complete leg		25'	25,00 €
Epilation half leg		25'	15,00 €
Epilation bikini / arms		15'	12,00 €
Epilation under arms / lip / eyebrows / chin		15'	10,00 €
Epilation back / chest (men)		25'	25,00 €
Hand care perfection		25'	31,00 €
Hand care with paraffin		25'	31,00 €
Feet care restore with paraffin		25'	37,00 €
Royal S.O.S. Sunburn (face or body)		25'	51,00 €

HAMMAM & SAUNA

1 day	21,00 €
3 days	57,00 €
6 days	108,00 €

GYMNASTICS

HUBER		40,00 €
Personalized training programme	30'	20,00 €
Personalized training programme	60'	38,00 €
Solarium	10' - 20'	21,00 €

Optional services:

Medical visit : 28,00 €

Diet consultation : 28,00 € (on request)

Opening hours:

Royal Mare Thalasso/Spa (access Adults only): 10:00 – 18:00 daily, Sunday closed

Tel.: #800 or 3802 (directly from your room)

Fitness Area : 08:00 – 20:00 / every day

Entrance permitted for clients above 16 years of age.

Sportswear & shoes obligatory.

Personalized training on request.

All programmes and treatments are subject to availability. Kindly be advised to book treatments before arrival.

*The company reserves all rights to modify programmes without previous notice.